

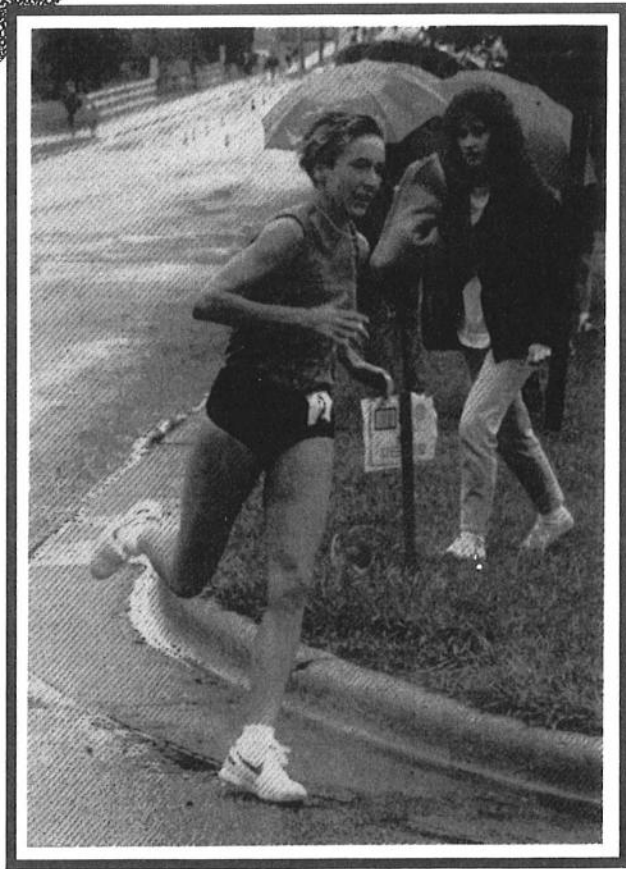
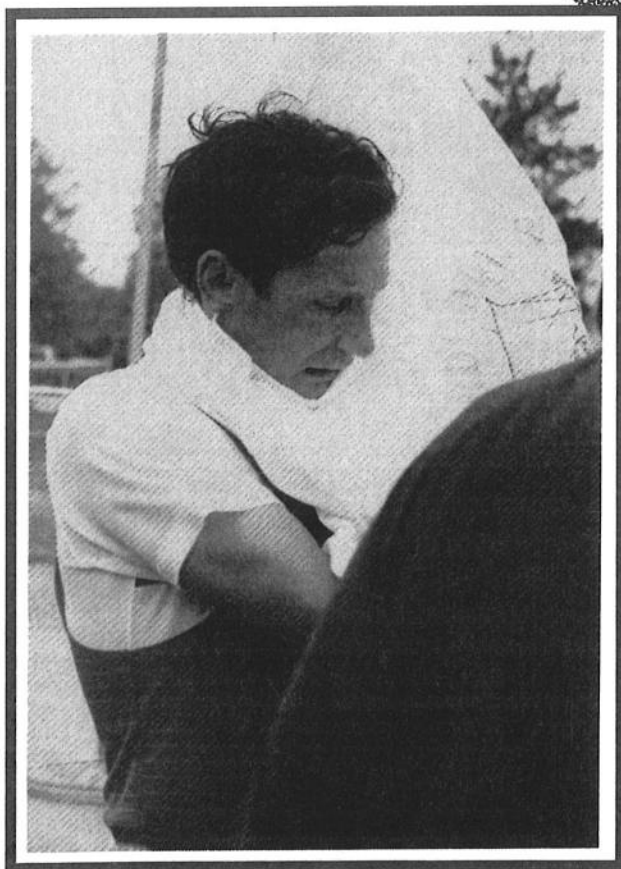
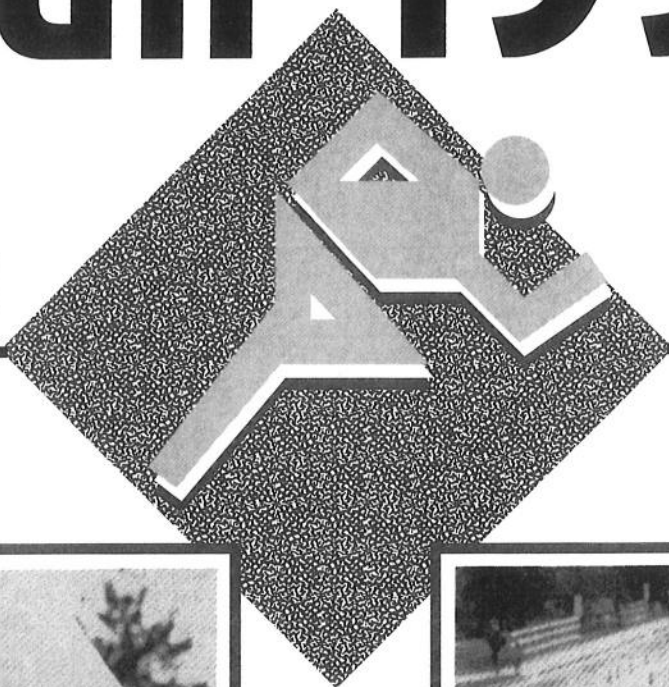
Syttende Mai Run 1991

CHAMPION

David Allen

CHAMPION

Jane Moeser



MAY 18, 1991



Director's Notes

Dear Runners and Walkers,

Rain, rain, go away. Come again some other day!

We can't speak for all of the participants or volunteers of the 1991 Run/Walk, but we feel most of you are hoping for a dry 1992. Despite power outages, tears, and general chaos, a tip of the hat to all who withstood the rain and finished the 1991 Syttende Mai Run and Folket Marsj. A double tip of the hat to the hundreds of volunteers who were there for you.

1992 will mark the twentieth anniversary of the Syttende Mai 20 mile run. We wish to congratulate those who have completed all nineteen runs so far: Paul Croissant, 35, Madison, Peter Senzig, 49, Madison, Bill Kohrs, 65, Madison, Richard Voigt, 40, Middleton, and Dobbin McNatt, 53, Middleton.

Finally, we would like to hear from you. We welcome your comments (*good or bad*) concerning the run or walk. Please send to: Syttende

Mai Run, Stoughton Chamber of Commerce, 220 W. Main Street, Stoughton, WI 53589.

Mange Tak,
Paul and Ed

Data Entry and Computer Timers Dwayne Berg,
Donna Olson

Finish Line & Scoring DirectorJim Keeney

Medical DirectorGwen Klomgland

Aid Station DirectorOle Brekke

AwardsDoris Barry

Chamber of Commerce

CoordinatorMyron Wilcox

CommunicationsMadison Repeaters

TimerBob Gilbert

Finish Area VolunteersGreg Schieldt

Safety EMT'sMadison, Stoughton,
and Dane County

PhotographerCasey Fuller

Equipment and SupportGreater Madison
Running Club and Hash House Harriers

Through the generous financial support provided by these corporate sponsors, the race registration fee is kept at a modest level. Our sincere thank you goes to:

Neenah Springs Water for their delicious bottled water at every aid station.

Q106 for radio coverage.

Home Savings for fresh coffee at the start.

Nelson Industries, Stoughton, WI.

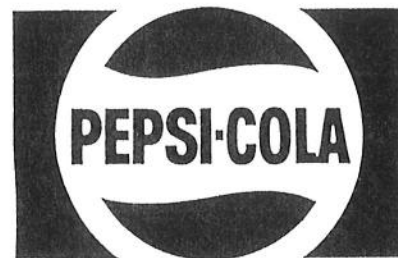
Stoughton Hospital Association, Stoughton, WI for fresh fruit and medical supplies.

RAYOVAC, Madison, WI.

Pepsi-Cola Pepsi Bottling of Madison, WI for Pepsi and cups.

WellAware Life Enhancement Massage Corps for massages at the finish line.

Stoughton Trailers





Winners and Records

WINNERS

Year	Male	Time	Female	Time
1973	Dan Winzenreid	1:51:06	Sharon Mullen	0:44:21 ***
1974	Alan Claremont	1:51:57	Diane Holm	2:36:54
1975	Steve Hoag	1:44:46	Peggy Stafford	2:39:35
1976	Lucian Rosa	1:45:44	Donna Senzig	2:30:33
1977	Kery Mayer	1:50:25	Cindy Therrault	2:26:49
1978	Gary Barrett	1:49:36	Mary Bange	2:12:12
1979	Tom Antczak	1:42:48	Lorraine Moller	1:58:36
1980	Mark Glessner	1:46:19	Lorraine Moller	1:55:36 **
1981	Tom Antczak	1:42:20	Lorraine Moller	2:00:44
1982	Jlm Ingold	1:45:30	Mary Beth Spencer	2:03:36
1983	Jlm Ingold	1:40:20 *	Cheryl Konkol	2:00:22
1984	David Allen	1:45:29	Linda Walker	2:09:17
1985	David Allen	1:42:42	Mary Bange	2:06:35
1986	Tom Antczak	1:48:29	Mary Gellerup	2:13:14
1987	Jlm Ingold	1:47:34	Mary Gellerup	2:11:46
1988	Richard Kaitany	1:43:21	Christine Bebow	2:08:18
1989	David Allen	1:42:58	Jocelyn Purtell	2:09:17
1990	David Allen	1:50:03	Mary Gellerup-Poser	2:13:34
1991	David Allen	1:45:34	Jane Moser	2:08:23

* COURSE record and MALE record

** FEMALE record

*** Seven mile course (1973)

The Weather Factors

YEAR	8 A.M.		11 A.M.		WINNING TIME	MEDIAN TIME
	TEMP	HUM	TEMP	HUM		
1973	54	90	61	70	1:51	2:29
1974	49	86	50	89	1:51	2:24
1975	61	60	69	51	1:44	2:32
1976	56	77	58	86	1:45	2:32
1977	70	55	78	45	1:50	2:47
1978	69	76	71	61	1:49	2:45
1979	56	90	61	72	1:42	2:33
1980	47	100	47	83	1:46	2:40
1981	68	45	70	41	1:42	2:40
1982	65	68	75	62	1:45	2:44
1983	52	80	53	71	1:40	2:36
1984	65	84	72	64	1:45	2:43
1985	57	46	60	49	1:42	2:41
1986	60	96	60	96	1:48	2:41
1987	57	65	72	39	1:47	2:44
1988	50	61	67	35	1:43	2:44
1989	64	93	69	55	1:43	2:45
1990	50	70	46	89	1:50	2:48
1991	49	50	46	93	1:45	2:43

1991 Age Group Winners

MALE			FEMALE		
Age Group	Record	Name	Age Group	Record	Name
Open*	1:45:34	David Allen	Open*	2:08:23	Jane Moser
-24	2:06:44	Douglas Ferge	-24	2:23:01	Elizabeth Sheldon
25-29	1:49:34	Jason Scheppers	25-29	2:25:28	Jean Oldenburg
30-34	1:56:00	Chip Cheney	30-34	2:13:46	Monica Theis
35-39	1:59:59	Chuck Germain	35-39	2:11:18	Kris Guderyon-Goetz
40-44	1:58:01	Charles Possin	40-44	2:16:37	Sandra Jenen
45-49	2:13:36	Peter Wadsack	45-49	2:37:13	Suzu Zweifel
50-54	2:11:10	Ron Goudreau	50-54	2:59:43	Sandra Osborn
55-59	2:23:38	Paul Kutschera	55-59	2:45:28	Beverly Lampe
60-64	2:37:22	William Hollhan	60+	3:07:03	Agnes Reinhard
65+	2:32:25	Joe Powers			
Stoughton	2:06:11	Christopher Segura	Stoughton	2:31:33	Melissa Hemmersbach

* First male and female regardless of age.

Age Group Records 1973-1991

-24	1:42:53	Joe Kreutz	-24	1:55:36	Lorraine Moller
25-29	1:40:20	James Ingold	25-29	2:00:44	Lorraine Moller
30-34	1:42:20	Tom Antczak	30-34	2:04:12	Mary Bange
35-39	1:48:08	Bruce Mortenson	35-39	2:11:18	Kris Guderyon-Goetz
40-44	1:46:10	Bruce Mortenson	40-44	2:16:37	Sandra Jenen
45-49	1:54:27	Hal Higdon	45-49	2:32:44	Susan Peters
50-54	2:01:37	Al Trelchel	50-54	2:28:16	Beverly Lampe
55-59	2:10:07	Larry Engel	55-59	2:42:25	Beverly Lampe
60-64	2:18:51	Joseph Powers	60-64	2:53:53	Agnes Reinhard
65+	2:32:25	Joseph Powers			
Stoughton	1:53:41	Lee Wilcox	Stoughton	2:13:59	Betsy Lee

* First male and female regardless of age.

The Management and Employees of **STOUGHTON TRAILERS, INC.** are proud to support the **Syttende Mai Run.**

Our most hearty congratulations to those runners and walkers who completed this event.





1991 Walk Participants

NAME	CITY	ST	NAME	CITY	ST	NAME	CITY	ST
ADDIS JAMES T	MIDDLETON	WI	CORBIN KATHY M	MADISON	WI	HEATH ELLEN E	MADISON	WI
ALBER ANNE A	MADISON	WI	COWEE JAMES H	MADISON	WI	HEBBE LORI L	FORT ATKINSON	WI
ALBER GARY L	MADISON	WI	COWEE NANCY E	MADISON	WI	HECKARD MARY A	STOUGHTON	WI
ALBERT ANN M	MADISON	WI	COWEE ROBERT J	MADISON	WI	HEINONEN PENNY	POYNETTE	WI
ANDERSON SUSAN M	MIDDLETON	WI	COYNE SARAH E	MADISON	WI	HENDERSON LAURA	MADISON	WI
ANDERSON JOAN A	OREGON	WI	CULLEN CAROL A	JANESVILLE	WI	HENDERSON BOO J	MADISON	WI
ANDERSON DAN R	MADISON	WI	CUNNINGHAM ED R	MADISON	WI	HENNEGER SHEILA C	MADISON	WI
ANDERSON BETTY A	EAU CLAIRE	WI	CUVA FRANK Z	MADISON	WI	HERMUNDSTAD DOROTHY H	STOUGHTON	WI
ANTHOLT STEVEN M	SUN PRAIRIE	WI	DALY NANCY M	MADISON	WI	HERMUNDSTAD ORIN	STOUGHTON	WI
ARVIDSON JUDITH H	STOUGHTON	WI	DARBY DEBORAH A	MADISON	WI	HERMUNDSTAD GREG J	MADISON	WI
AUSTIN CHERI A	MADISON	WI	DE REMER RENEE	STOUGHTON	WI	HICKS DONNA	MADISON	WI
AVENIUS PAMELA P	CARMEL	IN	DEGARMO MERI L	RACINE	WI	HILDEBRANDT JACQUE	MIDDLETON	WI
AYE-NARTOWICZ KAREN D	MCFARLAND	WI	DEININGER DONA T	DELLWOOD	MN	HILDEBRANDT CARRIE C	MENASHA	WI
BAKER DONNA M	FORT ATKINSON	WI	DEITTE JAN H	SUN PRAIRIE	WI	HILGENDORF BETH K	STOUGHTON	WI
BANGS JANET P	MADISON	WI	DELAHAUT KAREN A	STOUGHTON	WI	HINE BONNIE L	WAUKESHA	WI
BANNIER RENEE S	MCFARLAND	WI	DENSON HELEN A	OREGON	WI	HINZ LISA M	MADISON	WI
BARNES JOHN F	VERONA	WI	DISCHLER DAMIAN	MADISON	WI	HITTSDORF MARLYS A	BLANCHARDVILLE	WI
BARTH JUDITH K	OREGON	WI	DITTMER BRUCE N	STOUGHTON	WI	HOEFT SALLY	MADISON	WI
BASLER HELEN V	NORTHBROOK	IL	DITTMER TERRY J	STOUGHTON	WI	HOFFMAN TRACY J	BROOKFIELD	WI
BAUER CINDY A	MIDDLETON	WI	DIXON SUSIE	STOUGHTON	WI	HOFFMAN KELLI R	STOUGHTON	WI
BAUER LISA A	MADISON	WI	DOLOHANTY MARY L	JANESVILLE	WI	HOFFMAN SHARI L	MADISON	WI
BAUER SUSAN L	MADISON	WI	DORN DARLENE E	OREGON	WI	HOFFMANN CONNIE M	MADISON	WI
BECK DOROTHY A	MADISON	WI	DOYLE TRISHA A	MADISON	WI	HOLLOWAY BARBARA F	MADISON	WI
BECK JANET L	MILWAUKEE	WI	DROGSVOLD JOELLEN	COTTAGE GROVE	WI	HOLLOWAY ROBERT M	MADISON	WI
BEEBE THOMAS S	FORT ATKINSON	WI	DUCK HOLLY J	MADISON	WI	HOLZHUTER KRISTEN	STOUGHTON	WI
BELL MARY ELLEN	MADISON	WI	DUNGAN MOIRA R	MADISON	WI	HOLT LINDA H	LA CROSSE	WI
BERESKY MAURA A	STOUGHTON	WI	DUNNUM JOYCE E	MADISON	WI	HOTTER PATRICIA A	MADISON	WI
BERG RON	MADISON	WI	DUXBURY MELANIE L	FORT ATKINSON	WI	HOUTMAN MARY A	MADISON	WI
BERGER ALAN L	FORT ATKINSON	WI	DYORAK BETTY V	STOUGHTON	WI	HOYME BONITA L	RIO	WI
BERGER ROSEMARY E	FORT ATKINSON	WI	DYORAK MICHAEL J	MADISON	WI	HOYOS SUES E	STOUGHTON	WI
BERGGREN JEANNE R	STILLWATER	MN	EGAN DAWN M	MADISON	WI	HUBBARDTOLER NAOMI	MADISON	WI
BERGSTEN NELDA J	WHITEWATER	WI	EGGERT JOAN C	MIDDLETON	WI	HUEMMER JAY	MADISON	WI
BETHHAUSER SUE C	SPRING GREEN	WI	EINERSON JEAN A	MADISON	WI	HUEMMER GERRI M	MADISON	WI
BIBLE KATHY L	KENOSHA	WI	ELSON PATTY	MADISON	WI	HUGGETT EDNA H	MARSHALL	WI
BICKSLER DEBORAH D	STOUGHTON	WI	ENDRES JULIE A	MADISON	WI	HULL PAT L	STOUGHTON	WI
BIGLER SHARON K	VERONA	WI	ENDRES LUVONN F	MADISON	WI	HULL TAMI L	STOUGHTON	WI
BINDL J	COTTAGE GROVE	WI	ENDRES STACY L	OREGON	WI	HUNT MICHAEL	MADISON	WI
BIRCH CINDI L	STOUGHTON	WI	ENDRES-LOVELL SHERRI L	SAUK CITY	WI	HUNTER JULIE M	MADISON	WI
BLECHINGER JOAN M	MIDDLETON	WI	ENSIEN JOAN S	WAUNAKEE	WI	HUNTER MARYANN J	MADISON	WI
BLEGEN VINCENT L	STOUGHTON	WI	ENSTROM STEVE D	MADISON	WI	HUPPELER KATHRYN M	MADISON	WI
BLIEFFERNICHT KAY	OREGON	WI	ERICKSON PATTI A	STOUGHTON	WI	HUTCHINS BONNIE D	STOUGHTON	WI
BLOOMBERG KAREN WAISMAN	CHICAGO	IL	ERPEBACH DAVID J	EDGERTON	WI	IRVINE MARILYN J	MADISON	WI
BOELENS-DICK CYNTHIA A	BELOIT	WI	ERPEBACH JENNIFER R	EDGERTON	WI	IRWIN BARB J	STOUGHTON	WI
BORDE BARBARA J	MADISON	WI	ERSTAD TOM J	MADISON	WI	ISCHE VICKIE	JEFFERSON	WI
BORDSON JUDY A	MADISON	WI	ESCHER FRED A	SUN PRAIRIE	WI	JABUSCH MARILYN K	MADISON	WI
BOTTS HOWARD A	FORT ATKINSON	WI	ETMANCZYK JAMES S	MADISON	WI	JACOBS SUSAN K	JANESVILLE	WI
BOTTS SUE O	FORT ATKINSON	WI	EVANSON ELIZABETH M	MADISON	WI	JACOBSON JOAN M	MADISON	WI
BOWER DIANNA M	MADISON	WI	EVERETT ANNA M	STOUGHTON	WI	JAEGER RONALD R	GREENDALE	WI
BOWER MARK D	MADISON	WI	FIEBER SUE	MADISON	WI	JAEGER-ROYLETTA E	SUN PRAIRIE	WI
BOYD KELLY	STOUGHTON	WI	FILBRANDT PAULA M	MADISON	WI	JEGERLEHNER ANTHONY J	MADISON	WI
BRADLEY CANDI L	STOUGHTON	WI	FILER MURIEL M	MIDDLETON	WI	JESCHKE DOROTHY J	POYNETTE	WI
BRADLEY MILISSA A	STOUGHTON	WI	FLEENOR DALE	STOUGHTON	WI	JOHANNESON BARBARA J	EAGAN	MN
BRASKAMP MARY L	MADISON	WI	FLOTTMEYER MICHELE M	NEW ULM	MN	JOHNSON KATHY JO	CROSS PLAINS	WI
BRATZ DINO M	STOUGHTON	WI	FLOWER VERONICA	MADISON	WI	JOHNSON JIM L	STOUGHTON	WI
BREIBY DONNA M	MCFARLAND	WI	FORDE JON D	STOUGHTON	WI	JOHNSON KATHY A	STOUGHTON	WI
BREIBY STANLEY N	MCFARLAND	WI	FOSDAL JENNIFER	MADISON	WI	JOHNSON LYNN R	STOUGHTON	WI
BREMER ANDY D	STOUGHTON	WI	FOSE JANET M	DELAFIELD	WI	JOHNSON KIM K	VERONA	WI
BREMER DENNIS L	STOUGHTON	WI	FRABONI BARBARA Q	MCFARLAND	WI	JOHNSON RENEE A	MADISON	WI
BRIGGS KOREEN J	STOUGHTON	WI	FRANKEN RICHARD A	MADISON	WI	JOHNSON ELLEN F	MADISON	WI
BRIGGS KARMAN J	REEDSBURG	WI	FRICKE LEE C	STOUGHTON	WI	JOHNSON PAMELA K	ROCKFORD	IL
BRITTEN CHRISTINE E	MIDDLETON	WI	FRITZ JUDY A	MONONA	WI	JONES JULIE A	MADISON	WI
BRIXELY ELIZABETH K	MADISON	WI	FUHRMAN NANCY J	STOUGHTON	WI	JOVLE DOUGLAS L	STOUGHTON	WI
BROCK KATHERINE M	MADISON	WI	GABBEI STEVE	STOUGHTON	WI	JOVLE ELLEN M	STOUGHTON	WI
BROKHAUSEN LORI A	MADISON	WI	GARDNER JULIE	MIDDLETON	WI	KAECH NANCY J	MONONA	WI
BROOKS MARY E	MADISON	WI	GASPAR LAURIE A	STOUGHTON	WI	KAHL DEBBY K	STOUGHTON	WI
BROST AMY L	MCFARLAND	WI	GAUERKE CATHY J	WAUPACA	WI	KAHL DIANE	STOUGHTON	WI
BROST JR KENNETH E	MCFARLAND	WI	GERHKE RUTH	OSHKOSH	WI	KAHL TRICIA L	STOUGHTON	WI
BROWN SHELLEY M	ELDORADO	WI	GERBER MARGIT L	STOUGHTON	WI	KAHL TRUDY L	STOUGHTON	WI
BROZ STEPHANIE A	MADISON	WI	GERMOND ANN	ADRIAN	MI	KALHAGEN LYNN E	WINDSOR	WI
BRUGGE DOROTHY S	MADISON	WI	GIESEN CINDY A	STOUGHTON	WI	KALIL CHRISTINA L	STOUGHTON	WI
BUCKMAN KAREN L	FORT ATKINSON	WI	GILBERTSON ROSANNE F	MCFARLAND	WI	KALSCHER KATHY L	STOUGHTON	WI
BUMANN MARIE A	MADISON	WI	GILLE TIM	STOUGHTON	WI	KAPITAN FONDA M	BROWN DEER	WI
BURNS KAY E	STOUGHTON	WI	GLEASON MARY L	MADISON	WI	KARLSLYST KATHY A	STOUGHTON	WI
BURTON SHESRRY L	MADISON	WI	GOEPPERT DAVID S	STOUGHTON	WI	KASHYAP VISHNA M	MADISON	WI
BURULL ERICA	MADISON	WI	GOEPPERT POLLY L	STOUGHTON	WI	KASSNESR PAMELA M	WISCONSIN DELLS	WI
BUTSON BARB V	OCONOMOWOC	WI	GOPLEN SANDRA K	STOUGHTON	WI	KAST ELIZABETH J	STOUGHTON	WI
CARELLI JAMES E	POYNETTE	WI	GRADY LINDA S	MADISON	WI	KAY SHERRY A	STOUGHTON	WI
CARLSON JILL M	MADISON	WI	GRENZOW ELAINE M	MADISON	WI	KEHREIN BARB D	BLANCHARDVILLE	WI
CARSON JAMES D	MADISON	WI	GROSS MARY J	MCFARLAND	WI	KELECY ANDREA L	MADISON	WI
CARVIN HEIDI J	FITCHBURG	WI	GROTH LANA M	WAUWATOSA	WI	KELECY KATHI A	MADISON	WI
CARY-POPE JACKIE M	MADISON	WI	GRUBER-HAGEN JOANN K	OREGON	WI	KELECY PATRICK M	MADISON	WI
CELLAN SUE N	STOUGHTON	WI	GUNDLACH RUTH A	MADISON	WI	KELECY TOM M	MADISON	WI
CHAMBERLAIN JULIE A	MIDDLETON	WI	HAAS DIANE	JEFFERSON	WI	KELLER SUSAN A	MCFARLAND	WI
CHITWOOD MICKLEY (KATHRYN)	MADISON	WI	HAAS JEFFREY L	JEFFERSON	WI	KEMPER BERNARD A	DEFOREST	WI
CHRISLER JON K	MADISON	WI	HAGEN ANDREN L	STOUGHTON	WI	KEMPER JODI A	DEFOREST	WI
CHRISLER KATHY S	MADISON	WI	HAGEN NANCY	STOUGHTON	WI	KEMPF LAVONNE M	MADISON	WI
CHRISTIANSON JO A	JEFFERSON	WI	HAGLUND SHAWN R	MIDDLETON	WI	KEMPF TERRY J	MADISON	WI
CHRITTON JIM L	MADISON	WI	HAKE RUTH E	FORT ATKINSON	WI	KENDALL CARY W	MADISON	WI
CHRITTON MOLLIE P	MADISON	WI	HALVERSON-NATVIG SUE A	COTTAGE GROVE	WI	KENNEDY KENNETH	MADISON	WI
COFFEE MARY R	MADISON	WI	HANSON MARY BETH	STOUGHTON	WI	KENNEDY SHARON	MADISON	WI
COLLINS MARGARET T	MIDDLETON	WI	HANSON RODNEY L	VERONA	WI	KERWIN AMY S	WINDSOR	WI
COLLINS LINDA L	MADISON	WI	HANSON VICKI L	VERONA	WI	KINNEY JANET E	STOUGHTON	WI
COLUCCY MAGGIE P	MADISON	WI	HANSEN VIRGINIA R	MIDDLETON	WI	KINNEY JACKIE M	SUN PRAIRIE	WI
COOPER DENNIS J	MADISON	WI	HAUGOM DEBRA L	MILTON	WI	KINNEY MORGAN A	STOUGHTON	WI

NAME	CITY	ST	NAME	CITY	ST	NAME	CITY	ST
KITTLESON SALLY S	MADISON	WI	MOEN RICHARD H	MONONA	WI	ROWLEY SANDRA R	STOUGHTON	WI
KLAAS ARDI S	MADISON	WI	MOHR KAREN E	NEW BERLIN	WI	ROYSTON CHUCK F	BLACK EARTH	WI
KLABUNOE HAROLD A	MADISON	WI	MONNAT CHRISTY	MADISON	WI	RUBISH JEFF R	FITCHBURG	WI
KLITZKE BRENDA L	STOUGHTON	WI	MORGAN ANN T	STOUGHTON	WI	RUDBERG KATHLEEN C	JANESVILLE	WI
KLITZKE KEVIN W	STOUGHTON	WI	MORGAN JEFF S	STOUGHTON	WI	RULE WILLIAM J	MADISON	WI
KNAPP KATHLEEN L	MADISON	WI	MORGAN MICHAEL A	STOUGHTON	WI	RULSEH ANN M	MADISON	WI
KNOPES BARBARA A	JANESVILLE	WI	MORRISON KIMBERLY K	MADISON	WI	RUSCH J	MADISON	WI
KNUTSON DEAN A	APPLETON	WI	MORROW CYNTHIA L	MIDDLETON	WI	RUSCH TIM P	STOUGHTON	WI
KNUTSON LORI A	APPLETON	WI	MOSELEY PAM A	MCFARLAND	WI	RUSS LYNN M	MADISON	WI
KOHLHEPP MARY J	STOUGHTON	WI	MOTISI NANCY B	MADISON	WI	RUSTON JESSICA B	MADISON	WI
KOLS DENNIS	SHOREWOOD	WI	MOVRIK GAIL M	STOUGHTON	WI	SAINSBURY BARB	JANESVILLE	WI
KORFMACHER LYNN C	COTTAGE GROVE	WI	MURRAY JEANETTE M	MADISON	WI	SANBORN CHARLES G	MADISON	WI
KORNFEHL MARCY	LOMIRA	WI	MURRAY JORENE M	POYNETTE	WI	SANBORN PRISCILLA R	MADISON	WI
KORNFEHL RICHARD	LOMIRA	WI	MYERS GLORIA J	MADISON	WI	SANDNER CHERYL N	MCFARLAND	WI
KOVACIC MARK J	FORT ATKINSON	WI	NAATZ VIRGINIA L	OCONOMOWOC	WI	SARTORI PAT A	STOUGHTON	WI
KREKELER MARY J	MIDDLETON	WI	NADEAU SUSAN	MADISON	WI	SARTORI-WHARTON PAT A	STOUGHTON	WI
KRESSIN NANCY J	BELOIT	WI	NARVESON LINDA L	ARGYLE	WI	SCHLIMGEN JULIE K	MADISON	WI
KRILL BARBARA M	MADISON	WI	NATVIG SARA E	STOUGHTON	WI	SCHMELING MARY J	WHITEWATER	WI
KROHN EVE E	MADISON	WI	NECHVATAL FRANK D	STOUGHTON	WI	SCHMIDT LUANNE L	MILWAUKEE	WI
KUHN KAREN B	MIDDLETON	WI	NELSON GAYLE L	WAUSAU	WI	SCHMIEDLIN KATHY J	SUN PRAIRIE	WI
KUJAWSKI RHEA J	MADISON	WI	NELSON PEGGY L	STOUGHTON	WI	SCHOENBRUND LYNN	MADISON	WI
KUMPULA JILL D	MADISON	WI	NELSON SHARON L	STOUGHTON	WI	SCHRAMM BARBARA J	MADISON	WI
KUSEL MARIA H	STOUGHTON	WI	NEUROHR DEBORA A	RIO	WI	SCHUMAN ELAINE L	OREGON	WI
KUTH JACKIE M	MIDDLETON	WI	NEWELL VIRGINIA	MONONA	WI	SCHUNK STEVE R	VERONA	WI
LADER CATHY J	JANESVILLE	WI	NIESING RONALD A	GREEN BAY	WI	SCHWARZ PAT J	MADISON	WI
LAMONT LINDA	MILTON	WI	NOVOTNY STANLEY A	MADISON	WI	SEBORG GLENN M	MADISON	WI
LAMPER-LINDEN CELIA E	MCFARLAND	WI	NUGENT JOAN	MADISON	WI	SEBORG TERRY C	MADISON	WI
LANDERUD JACQUI	MCFARLAND	WI	NYGAARD LISA A	STOUGHTON	WI	SHAFFER KATHY M	STOUGHTON	WI
LANDGRAF JOAN	MADISON	WI	O'BRIEN COLLEEN	RIDGEWAY	WI	SHEARD DAVID A & EDITH	STOUGHTON	WI
LAPER KERRY E	MADISON	WI	O'BRIEN MAUREEN A	MADISON	WI	SHILTS RICHARD W	STOUGHTON	WI
LARSON BRANDY A	STOUGHTON	WI	O'BRIEN MICHAEL G	MADISON	WI	SHIRD MARSHALL L	MADISON	WI
LARSON KELLEY A	STOUGHTON	WI	O'HARA MARGARET M	STOUGHTON	WI	SHOLL GARY L	VERONA	WI
LASKOWSKI JANE	WIS RAPIDS	WI	OAKLAND DAN	STOUGHTON	WI	SHOLL SALLY A	VERONA	WI
LATSCH JAMES B	VERONA	WI	OAKLAND DEBBIE	STOUGHTON	WI	SIMONSON DEBBIE K	COTTAGE GROVE	WI
LATSCH KEVIN D	STOUGHTON	WI	OAKS JANE M	STOUGHTON	WI	SINGLER DONALD F	MADISON	WI
LAWLER JEANA M	MADISON	WI	OBERBECK BERNICE I	MIDDLETON	WI	SLAATS JANE D	MADISON	WI
LEACH DIANE R	MILWAUKEE	WI	OFFORD KARRIE M	STOUGHTON	WI	SLINDE DONNA J	STOUGHTON	WI
LEE SUSAN A	EDGERTON	WI	OHARA GREG L	STOUGHTON	WI	SLINDE STEVE R	STOUGHTON	WI
LENNERT SHARON R	SUN PRAIRIE	WI	OHARA RYAN P	STOUGHTON	WI	SMITH BEV A	STOUGHTON	WI
LEONARD CHAR K	MADISON	WI	OHMEN ANNE L	MIDDLETON	WI	SMITH ROSEMARY W	MADISON	WI
LEONARD KAREY B	MADISON	WI	OHMEN GREGORY J	MIDDLETON	WI	SMITH-PALINKAS BARBARA	HIGHLAND PARK	IL
LEOPOLD WILLIAM H	EVANSVILLE	WI	OLSON ANN I	STOUGHTON	WI	SMITHBACK RANDAL C	STOUGHTON	WI
LESTER DONNA J	SUN PRAIRIE	WI	OLSON AUDRA M	STOUGHTON	WI	SMOCZYK CONNIE M	VERONA	WI
LEUTENECKER LISA D	STOUGHTON	WI	OLSON DARLENE	MADISON	WI	SOUTHWICK MARY L	MADISON	WI
LICARY CHERYL A	BELOIT	WI	OLSON HOLLY A	BLACK EARTH	WI	SPARR NINA M	MADISON	WI
LICARY NUNZIO	BELOIT	WI	OLSON NORMAN F	MADISON	WI	SPEARS IM	MADISON	WI
LIEGEL CARL R	SUN PRAIRIE	WI	OLSON VICKI L	SPRING GREEN	WI	SPORLE MARYANN	STOUGHTON	WI
LINNERUD BETTY A	STOUGHTON	WI	ORTH JANELLE M	MADISON	WI	STAMM SUE L	EVANSVILLE	WI
LORENZ LINDA	MIDDLETON	WI	OTTELIEN PAMELA J	MADISON	WI	STANCHFIELD ERIC O	MADISON	WI
LORENZ THOMAS	MIDDLETON	WI	OTTELIEN TRACY S	MARSHFIELD	WI	STANISCH CAL H	MIDDLETON	WI
LOSENEGGER LAUREL J	MIDDLETON	WI	OTTESON LISA M	GREEN LAKE	WI	STEELE LEE A	MADISON	WI
LOWELL BRIAN P	STOUGHTON	WI	PALMER MARY KAY	STOUGHTON	WI	STEFFEN CANDICE P	MADISON	WI
LOWELL SUZAN E	STOUGHTON	WI	PANGER DEBORAH A	DEERFIELD	WI	STEGEMAN DONA B	JANESVILLE	WI
LUDWIG ELIZABETH J	VERONA	WI	PATTERSON REBECC S	MADISON	WI	STEIN JANE E	MADISON	WI
LUKENS KATHY A	STOUGHTON	WI	PATTERSON NANCY JO	MARSHFIELD	WI	STEINHOFF DANIEL J	MADISON	WI
LUKENS TERRI A	STOUGHTON	WI	PECELUNAS KARLA	MADISON	WI	STEINHOFF DEBORAH M	MADISON	WI
LUNDE MARI J	STOUGHTON	WI	PEREZ-TORRES	MADISON	WI	STEPHENSON ELLEN H	MADISON	WI
LUNDE THOMAS J	STOUGHTON	WI	PETERSON PATRICIA A	CROSS PLAINS	WI	STILES JUDITH	ARLINGTON	WI
LUNDE VIRGINIA A	STOUGHTON	WI	PETERSON LONNA L	STOUGHTON	WI	STOCKSTAD DOUG E	MT HOREB	WI
LUTHER ROSE M	MCFARLAND	WI	PFANKU JAN M	MADISON	WI	STOCKSTAD WENDY S	MT HOREB	WI
LYKE JAMES L	STOUGHTON	WI	PFANKU JENIFER A	MADISON	WI	STONE DENNIS D	PORTAGE	WI
LYKE PATRICIA L	STOUGHTON	WI	POLENZ PAM A	MADISON	WI	STONE JAMES D	OREGON	WI
LYNCH LYNN K	MADISON	WI	POTTER SUSAN M	JANESVILLE	WI	STONE LORI R	OREGON	WI
LYONS KATHY M	MCFARLAND	WI	POUNDERS JUDITH A	MADISON	WI	STONE ROSEMARIE A	MADISON	WI
MADDEN JOELLEN L	MIDDLETON	WI	POUNDERS WILLIAM E	MADISON	WI	STREAM MARY	OREGON	WI
MALICKI KELLI J	STOUGHTON	WI	POWELL JOHN D	MADISON	WI	STRONACH JUDY K	STOUGHTON	WI
MANSON HOLLY R	STOUGHTON	WI	POWERS SANDY J	MADISON	WI	STULBERG LESLIE	CHICAGO	IL
MARDAK NANCY L	STOUGHTON	WI	PRESTON MARYANN	MADISON	WI	STUTLER CHARLES E	WAUCONDA	IL
MARTIN ELIZABETH J	WEST BEND	WI	PRICE DIANE T	MADISON	WI	SULLIVAN KATHY L	MIDDLETON	WI
MATHEWS BARBARA J	JANESVILLE	WI	PROCHASKA CAROL J	MADISON	WI	SUTHERLAND DEBBY K	MIDDLETON	WI
MATHEWS JOHN W	JANESVILLE	WI	PRUEHER DAN R	STOUGHTON	WI	SWAIN ANN	STOUGHTON	WI
MATSON SHERRY M	STOUGHTON	WI	QUACKENBOSS DIANE G	MADISON	WI	SWENSON EUGENE O	MCFARLAND	WI
MATTHEWS AMY	MADISON	WI	RADECKE CHAD A	STOUGHTON	WI	SWENSON JULIE V	MCFARLAND	WI
MC ROBERTS JUDY	STOUGHTON	WI	RADECKE SALLY	STOUGHTON	WI	SWENSON CARLA L	WINDSOR	WI
MCCALILEY BARBARA	RIO	WI	RADOSTA JEAN ANN	STOUGHTON	WI	SWINGEN GREG C	FORT ATKINSON	WI
MCCALL MAUREEN A	MADISON	WI	RAHN ANN W	MADISON	WI	SWINGEN KAREN L	FORT ATKINSON	WI
MCCALLUM CRAIG D	POYNETTE	WI	RANTHUN ELMER W	MADISON	WI	SZEWczyk VICTORIA A	MADISON	WI
MCCALLUM KATE M	POYNETTE	WI	RASMUSSEN STEVE A	MADISON	WI	TAYLOR CHRIS	SULLIVAN	WI
MCCARTHY MARY J	OREGON	WI	REIN MONICA M	STOUGHTON	WI	THIEDE PATRICIA E	MADISON	WI
MCGINN ELLEN S	MT HOREB	WI	RENNEBERG JANE A	MADISON	WI	THIEDE RALPH E	MADISON	WI
MEINHOLZ DONNA J	MADISON	WI	RETTLER DAN M	MILWAUKEE	WI	THOMPSON LOIS J	WEST LAKEVILLE	MN
METZLER JULIE A	STOUGHTON	WI	REYNOLDS BRIAN K	MADISON	WI	THOMSEN SUSAN K	JEFFERSON	WI
MEYER LINDA M	MADISON	WI	REYNOLDS PAUL W	MADISON	WI	THOMSEN CHRISTINE M	WINDSOR	WI
MEYER MARY E	SUN PRAIRIE	WI	REYNOLDS SANDRA M	MADISON	WI	TIFFANY JOAN	JANESVILLE	WI
MICHAL MARY H	MADISON	WI	RIEBE JANIE K	JEFFERSON	WI	TOLAN THERESA M	MADISON	WI
MILLER BONNIE L	JANESVILLE	WI	RIEHL LISA L	MONONA	WI	TRAVERS MARY ANN	MADISON	WI
MILLER NICHOLAS E	NEENAH	WI	RITTER DOROTHY A	MADISON	WI	TRETOW-SCHMITZ JEAN	MADISON	WI
MILLER RITA M	MADISON	WI	ROBERTS PATRICIA A	SUN PRAIRIE	WI	TRINKNERSCHMITZ SUSAN	MADISON	WI
MILLER-SMITH ANN J	MADISON	WI	ROBERTS JEAN E	MADISON	WI	TUPPER WENDY J	MILTON	WI
MISGEN MARIA	NEW ULM	MN	ROCKWELL ELIZABETH J	MADISON	WI	TURMAN NANCY J	MADISON	WI
MITTELSTADT NELL K	MADISON	WI	ROGEBERG PATRICIA S	MADISON	WI	URBAN ELIZABETH A	MADISON	WI
MOE MARCIA L	STOUGHTON	WI	ROGERS HELEN M	MADISON	WI	URBERG INGRID K	MADISON	WI
MOE NELS S	STOUGHTON	WI	ROGERS TERRY L	MADISON	WI	UTTER KATHRYN L	STOUGHTON	WI
MOEN CELESTE A	MONONA	WI	ROSS NANCY J	MADISON	WI	UTTER KATHLEEN L	MADISON	WI



Fit 65, Kohrs Keeping Up The Pace

Written by Bob Bates for the Wisconsin State Journal and Capitol Times, 5/11/91 and reprinted with their permission.

To say running hasn't had a positive effect on Bill Kohrs' life would be like saying the 17th of May means nothing to Norwegians.

While rehabilitating from a heart attack 20 years ago, Kohrs progressed from walking to jogging to running, shed 70 pounds, and transformed himself into one of the area's most competitive runners.

He completed his first Syttende Mai 20-mile run from Madison's Capitol Square to Stoughton's Mandt Park in 1973 and he has returned to do the race every year since.

At 65, Kohrs is the dean of the Syttende Mai Streakers, the five guys who will be doing their 19th consecutive run over the grueling hills to Stoughton next Saturday.

In 1983, when he broke a foot only seven weeks before the race, Kohrs' streak seemed doomed. Never one to say die, he maintained his cardiovascular condition on a stationary bike. With medical approval on race day and with his foot heavily wrapped, Kohrs managed to keep both his streak and his healing foot intact.

"Every year I enjoy the competition and good times Syttende Mai is so well known for, so I'll keep running it as long as I'm able," said Kohrs.

He is very able right now, having smashed age group records at the Black Earth 10-miler April 6 and at the Lake Monona 20K May 5. At this year's Syttende Mai, Kohrs is out to break 2:37:09 and establish a new 65-and-over record.

The youngest of the Streakers is 35-year old Paul Croissant.

"The first Syttende Mai was the same day as the Big 8 Conference track meet, said Croissant. "I was a 2-miler at East. I ran Syttende Mai for the challenge, but didn't make it to the meet afterwards, so I got kicked off the track team.

"I figured I'd paid quite a price, so I was motivated to keep coming back each year," he said. "It's become a real incentive to keep my string

Continued Page 10

Place	Name	City	St.	A G E	S E X	Time	Place
286	DYKSTRA CHARLES J	WAUPUN	WI	24	M	2:32:15	14
287	HUTCHINGS RONALD K	JANESVILLE	WI	43	M	2:32:16	70
288	SITES CYNTHIA A	MILWAUKEE	WI	34	F	2:32:17	5
289	SITES BILL	MILWAUKEE	WI	36	M	2:32:17	66
290	INGEBRIGTSON PAUL E	DEFOREST	WI	32	M	2:32:24	39
291	POWERS JOE E	OAK PARK	IL	65	M	2:32:25	1
292	RENFERT KEMBERLY R	MADISON	WI	29	F	2:32:30	3
293	JOHNSON CHARLES A	MADISON	WI	41	M	2:32:31	71
294	HEALEY BILL E	CHICAGO	IL	30	M	2:32:36	40
295	SANTINO BILL	CHICAGO	IL	35	M	2:32:51	67
296	ZASTROW DONALD J	MADISON	WI	27	M	2:32:52	48
297	EIDEN JOHN A	JANESVILLE	WI	39	M	2:32:58	68
298	THEIS LAWRENCE H	WILMETTE	IL	57	M	2:33:09	4
299	MATSON SHARON L	ST LOUIS PARK	MN	29	F	2:33:12	4
300	LEADHOLM CHARLES R	MADISON	WI	42	M	2:33:14	72
301	DALLAGRANA WADE	MADISON	WI	38	M	2:33:16	69
302	LAEHN GARY L	SHEBOYGAN	WI	45	M	2:33:21	25
303	COLLARD PAULINE M	SOUTH MILWAUKEE	WI	30	F	2:33:26	6
304	BANGE MARY M	OKEMOS	MI	38	F	2:33:32	4
305	COOK ROBERT M	MADISON	WI	51	M	2:33:35	12
306	NIELSEN DAVID E	STOUGHTON	WI	40	M	2:33:36	73
307	RICHARDS CHERYL A	DES PLAINES	IL	25	F	2:33:43	5
308	VALENZA DANIEL J	MADISON	WI	31	M	2:33:55	41
309	TOLONONER YRJO S	HELSINKI FINLAN		45	M	2:33:57	26
310	KOEHLER WAYNE R	ST CHARLES	MO	34	M	2:34:06	42
311	GLYSCH RANDALL L	MADISON	WI	33	M	2:34:17	43
312	HORNBECK STEVEN G	MADISON	WI	35	M	2:34:18	70
313	SAGE KAREN M	MADISON	WI	31	F	2:34:21	7
314	GRUBBA REV. DALE W	PRINCETON	WI	0	M	2:34:23	15
315	EHASZ JAMES S	PARDEEVILLE	WI	38	M	2:34:24	71
316	CHERNEY HEATHER K	HEWITT	WI	26	F	2:34:26	6
317	BARTHOLOMEW JIMMY A	LODI	WI	41	M	2:34:32	74
318	WOLBERT BRAD	MADISON	WI	32	M	2:34:32	44
319	VRADENBURG DAN R	ROSCOE	IL	33	M	2:34:34	45
320	PUCELY DAVID J	RACINE	WI	41	M	2:34:35	75
321	HOBSON BARTHOLOMEW D	MADISON	WI	42	M	2:34:36	76
322	SCHMIT JOAN T	MADISON	WI	33	F	2:34:42	8
323	REGEZ CHUCK	JANESVILLE	WI	0	M	2:34:43	16
324	CECIL MARK C	MADISON	WI	31	M	2:34:45	46
325	NEYER JIM	MIDDLETON	WI	54	M	2:34:46	13
326	ENGLBRECHT WAYNE R	COTTAGE GROVE	WI	22	M	2:34:51	17
327	ROACH BILL J	MADISON	WI	30	M	2:34:52	47
328	GOLD TIMOTHY F	MADISON	WI	43	M	2:34:56	77
329	O'LEARY DAN	JANESVILLE	WI	41	M	2:34:57	78
330	ERSTAD DONALD W	ARLINGTON	WI	40	M	2:34:59	79
331	SCHULENBERG GREG A	CROSS PLAINS	WI	25	M	2:35:01	49
332	FORMAN DAVID D	MT HOREB	WI	38	M	2:35:03	72
333	WECKERLY NANCY K	LACROSSE	WI	24	F	2:35:04	4
334	SCHNEIDER ALAN H	GREEN BAY	WI	36	M	2:35:06	73
335	NELSON RON	STOUGHTON	WI	36	M	2:35:08	74
336	DIXON PAUL N	APPLETON	WI	38	M	2:35:09	75
337	RICE J DAVID	SPARTA	WI	44	M	2:35:15	80
338	PRIBEK JANE F	MADISON	WI	27	F	2:35:17	7
339	DOMMISSE KEVIN J	MCFARLAND	WI	25	M	2:35:21	50
340	CLEMENTS LAURA E	MINNEAPOLIS	MN	29	F	2:35:22	8
341	KOPAN GREGORY L	MADISON	WI	34	M	2:35:28	48
342	BURGDORFF JOHN	WEST ALLIS	WI	34	M	2:35:31	49
343	WAGENER BILL M	WALES	WI	36	M	2:35:36	76
344	CONNOLLY PATRICK J	WAUKESHA	WI	33	M	2:35:42	50
345	GEISLER DENNIS C	STOUGHTON	WI	36	M	2:35:47	77
346	PEGGESTAD DENNIS G	MADISON	WI	46	M	2:35:51	27
347	GRUNWALD PETER W	MADISON	WI	47	M	2:35:54	28
348	HARTZ MATTHEW C	MILWAUKEE	WI	48	M	2:35:54	29
349	LAWINGER DARLUS	MADISON	WI	40	F	2:35:55	2
350	HERZOG THOMAS L	FARGO	ND	37	M	2:35:56	78
351	SPLITT DANIEL L	SUN PRAIRIE	WI	35	M	2:35:59	79
352	MAUTZ DANIEL D	SUN PRAIRIE	WI	41	M	2:36:01	81
353	HERMAN ADRI	MARIETTA	GA	38	F	2:36:02	5
354	BARTH DARRELL D	OREGON	WI	48	M	2:36:05	30
355	PETERS KATHY A	MILWAUKEE	WI	26	F	2:36:08	9
356	THEIS ROSANNE	MADISON	WI	29	F	2:36:08	10
357	HOLSINGER DENNY	CEDARVILLE	IL	45	M	2:36:08	31
358	SPENCER JON E	VERONA	WI	32	M	2:36:09	51
359	MCCLUSKEY CHRISTOPHER A	FT STEWART	GA	20	M	2:36:10	18
360	BASLER DENNIS E	CHICAGO	IL	36	M	2:36:11	80
361	HANNEMAN RICHARD F	WHEATON	IL	41	M	2:36:12	82
362	MCCANN DENNIS	SHOREWOOD	WI	40	M	2:36:13	83
363	MCCUTCHEON PATRICK T	MADISON	WI	39	M	2:36:15	81
364	ANDERSON RICHARD R	STOUGHTON	WI	45	M	2:36:16	32
365	VALENTA RICHARD D	DEPERE	WI	42	M	2:36:23	84
366	MAAG PATRICIA A	MILWAUKEE	WI	30	F	2:36:28	9
367	GODERSTAD PAUL	MADISON	WI	35	M	2:36:29	82
368	BRODIE TERRANCE	ALGONQUIN	IL	46	M	2:36:32	33
369	MESSER MARK	MADISON	WI	41	M	2:36:33	85
370	PIPPERT WALT	DEFOREST	WI	44	M	2:36:36	86
371	ROWLEY THOMAS J	STOUGHTON	WI	32	M	2:36:36	52
372	HVAM ARDEN E	STOUGHTON	WI	47	M	2:36:40	34
373	MEINERT GARY R	MIDDLETON	WI	51	M	2:36:41	14
374	DONNELLY MICHAEL P	EDGERTON	WI	32	M	2:36:45	53
375	FREY LISA K	JANESVILLE	WI	30	F	2:36:46	10
376	OTTELIEN CLARE A	MARSHFIELD	WI	28	F	2:36:47	11

going."

Dobbin McNatt, 53, almost didn't finish his first Syttende Mai run. "I missed a turn out in the country and got lost," he said.

Every year since he's stayed on course, and this year he plans to follow the masses.

"I no longer do distance work, but I train for biathlons and can get into reasonable shape to enjoy the atmosphere back in the pack."

McNatt chuckled over Wisconsin's unpredictable spring weather, sometimes a real adventure at Syttende Mai time.

"I especially remember the year it was so hot," he said, "the pavement was actually melting at the edges and the tar stuck to people's shoes."

Peter Senzig, 49, remembers last year's race like it was yesterday's nightmare.

"The cold and rain and wind were horrendous. That's the most miserable I've ever felt during a race."

Senzig will keep his streak going "because it's an accomplishment to be proud of."

"The first Syttende Mai in 1973 was also the very first race I ever ran in my life," he said. "I found out about it only four days before and even though my longest training run was only five miles, I did it."

"Some of the others blur together in my memory, but it's this essence of the running scene that keeps me going."

Richard Voigt, who'll turn 51 two days after his 19th consecutive race, said, "Syttende Mai is my annual celebration of running. It has a definite magic that caters to runners in the pack. I run for the pure fun of it."

"I think racing is kind of separate from running, where you're out there to recreate and enjoy the whole experience of participation," he said. "The benchmark of Syttende Mai is that it's a huge celebration of an activity important to so many people."

For the Streakers and 1,500 other runners, Syttende Mai is indeed a special race.



Place	Name	City	A S E			Time	Place
			St.	E	X		
561	MOEN JANE M	WINONA	MN	36	F	2:47:27	11
562	SCHAFFER JULIE M	JANESVILLE	WI	27	F	2:47:30	20
563	ROSINSKI JOHN P	MADISON	WI	40	M	2:47:32	128
564	WEDRO BENJAMIN	LA CROSSE	WI	36	M	2:47:34	114
565	TERRONES JERRY B	BELOIT	WI	48	M	2:47:41	56
566	COOPER JOSEPH W	NEW LONDON	WI	35	M	2:47:45	115
567	KOBISHOP BRIAN D	ROMEIOVILLE	IL	32	M	2:47:47	73
568	UNIDENTIFIED	?	?	0		2:47:49	5
569	BUBRICK JAY M	WHITEFISH BAY	WI	42	M	2:47:49	129
570	BARISH LARRY	MADISON	WI	45	M	2:47:50	57
571	GEORGE JOHN S	WAUWATOSA	WI	49	M	2:47:53	58
572	NORTHROP JIM W	MADISON	WI	35	M	2:47:58	116
573	MARKS MICK W	BEAVER DAM	WI	31	M	2:48:00	74
574	YANISCH TOM R	MILWAUKEE	WI	28	M	2:48:06	64
575	JAEGER BILL K	OSHKOSH	WI	28	M	2:48:09	65
576	JENSEN DAVID B	MILWAUKEE	WI	49	M	2:48:11	59
577	WICHINSKI RANDY J	ELM GROVE	WI	37	M	2:48:12	117
578	FLANNERY PETER F	WAUKESHA	WI	38	M	2:48:29	118
579	LUESCHOW THOMAS J	OCONOMOWOC	WI	47	M	2:48:32	60
580	KONICEK TAMI J	SUN PRAIRIE	WI	27	F	2:48:36	21
581	KAISER-SELBO DEBI M	DE FOREST	WI	0	F	2:48:37	9
582	RISKA JOANNE K	WINONA	MN	41	F	2:48:38	8
583	HOVILA NORM C	MENO FALLS	WI	57	M	2:48:39	11
584	ZOCH ROGER L	MCFARLAND	WI	34	M	2:48:41	75
585	FOY MIKE J	RACINE	WI	40	M	2:48:43	130
586	GEROLD JOHN A	MADISON	WI	52	M	2:48:47	24
587	RENDALL BETH	LAKE GENEVA	WI	38	F	2:48:49	12
588	LESTER RICK G	SUN PRAIRIE	WI	40	M	2:48:52	131
589	SARNOW BARBARA A	POYNETTE	WI	40	F	2:48:53	9
590	O'SHEA JAMES E	WILMETTE	IL	47	M	2:48:54	61
591	BRABY FRED W	BROWN DEER	WI	38	M	2:48:56	119
592	STEPHENSON JEFFREY S	GRAFTON	WI	38	M	2:48:58	120
593	RODGERS STEVE T	MADISON	WI	37	M	2:48:58	121
594	MANION DALE A	JANESVILLE	WI	46	M	2:49:04	62
595	KEMP DAVID L	JANESVILLE	WI	47	M	2:49:06	63
596	NOLAN BOB	MIDDLETON	WI	39	M	2:49:07	122
597	BERESKY RONALD E	STOUGHTON	WI	36	M	2:49:08	123
598	CURATOLO JOHN A	SO BELOIT	IL	39	M	2:49:12	124
599	ZIMMERMAN JAN M	MADISON	WI	38	F	2:49:14	13
600	LAABS HEIDI B	LAKE MILLS	WI	38	F	2:49:20	14
601	HASKINS-GRAHN JEFFERY A	MADISON	WI	30	M	2:49:29	76
602	CHRITTON BOB E	STOUGHTON	WI	39	M	2:49:31	125
603	RODGERS ANNE M	MADISON	WI	37	F	2:49:38	15
604	NOON BERNADETTE A	MIDDLETON	WI	32	F	2:49:41	15
605	SORENSEN ROBERT M	MADISON	WI	42	M	2:49:45	132
606	COHN ANDREW	MADISON	WI	43	M	2:49:52	133
607	NOTTESTAD RON	CAMBRIDGE	WI	40	M	2:49:52	134
608	DOYLE JAMES E	MADISON	WI	45	M	2:49:56	64
609	ALBRECHT BILL	MARQUETTE	MI	64	M	2:50:00	4
610	PEASE MARLO	MADISON	WI	42	M	2:50:03	135
611	ELLIS JAMES S	SHOREWOOD	WI	46	M	2:50:06	65
612	DIETERLE REX A	MADISON	WI	47	M	2:50:11	66
613	HEPBURN LISA S	MADISON	WI	27	F	2:50:15	22
614	TAUGNER WILLIAM J	JUNCTION CITY	WI	51	M	2:50:21	25
615	BECK III PAUL B	MILWAUKEE	WI	41	M	2:50:23	136
616	ELLIS SHARRAN S	SHOREWOOD	WI	34	F	2:50:26	16
617	CARR RICHARD M	MADISON	WI	56	M	2:50:31	12
618	BIBLE LONNIE W	KENOSHA	WI	25	M	2:50:39	66
619	TROLLER CHRISTINE A	CALEDONIA	IL	37	F	2:50:41	16
620	CLUCAS BARB E	ROCKFORD	IL	49	F	2:50:44	5
621	IRVINE MARLIN E	FITCHBURG	WI	47	M	2:50:46	67
622	MASTERTSON MARY K	BELOIT	WI	33	F	2:50:58	17
623	WILSON JAMES JR	CHICAGO	IL	42	M	2:51:00	137
624	LEOVY JOANNE	MADISON	WI	30	F	2:51:03	18
625	SYNNES PAUL M	SHOREWOOD	WI	23	M	2:51:07	24
626	GENICH KIM R	MADISON	WI	40	M	2:51:19	138
627	SWARTZ JEFF R	MADISON	WI	26	M	2:51:31	67
628	FALK MARY	MADISON	WI	22	F	2:51:32	10
629	MCLAUGHLIN MARK F	MONONA	WI	39	M	2:51:38	126
630	GOLDSMITH LESLIE H	MADISON	WI	42	M	2:51:43	139
631	TATMAN JIM C	BARABOO	WI	35	M	2:51:44	127
632	MATHEWS JANE M	WAKUNAKEE	WI	36	F	2:51:47	17
633	ANDERSON JOHN A	PALATINE	IL	44	M	2:51:48	140
634	BAKKEN ROD M	MCFARLAND	WI	41	M	2:51:54	141
635	GOLD SUSAN D	MADISON	WI	39	F	2:51:58	18
636	LIEBER KATE S	MADISON	WI	37	F	2:51:59	19
637	GUEVARA DOLORES	MADISON	WI	21	F	2:52:14	11
638	GUEVARA AGUSTIN	MADISON	WI	30	M	2:52:14	77
639	SAUER DAVID K	MADISON	WI	39	M	2:52:15	128
640	SHAMPO JEFF	MADISON	WI	32	M	2:52:15	78
641	ZIMMERMAN TERRY	STOUGHTON	WI	40	M	2:52:16	142
642	SANDEE TIM R	MADISON	WI	38	M	2:52:22	129
643	SCOTT DOUGLAS Z	MILWAUKEE	WI	27	M	2:52:23	68
644	KREISLER MICHAEL C	WAUNAKEE	WI	39	M	2:52:26	130
645	GARNETT LINDA S	MADISON	WI	40	F	2:52:29	10
646	WOOD MARK L	MADISON	WI	35	M	2:52:36	131
647	LARSON JAMES L	MADISON	WI	38	M	2:52:39	132
648	ONSRUD ROBERT	ONALASKA	WI	42	M	2:52:50	143
649	JOHNSON REGGIE E	BLACK EARTH	WI	42	M	2:52:52	144
650	SCHNITZLER JIM J	BARRINGTON	IL	56	M	2:52:55	13
651	WEHRLE CRAIG D	MADISON	WI	0	M	2:52:55	25
652	KROENINGER SCOTT T	NEW BERLIN	WI	34	M	2:52:58	79

Twentieth Annual SYTTENDE MAI RUN

Madison to Stoughton — 20 Miles
Saturday, May 16, 1992

SPONSORS: Stoughton Chamber of Commerce and Greater Madison Running Club.

ELIGIBILITY: Open. All runners please read suggestions on reverse side.

COURSE: See map. All blacktop rolling. TAC/RRC certified and sanctioned by Wisconsin TAC. Parking and picnic available at finish in Mandt Park, Stoughton.

START: Madison's Capitol Square at 8:00 a.m.

REGISTRATION: Pre-registration only. No exceptions! No telephone registrations. Mail entries to Syttende Mai Run, 1770 Burning Tree Circle, Oregon, WI 53575. Limit of 2000 entrants. For information call (608) 873-8396 (evenings) or 873-5355 (days). No calls before 6:30 a.m. or after 9:00 p.m.

ENTRY FEE: \$10.00 for entries postmarked on or before April 26, 1992. Your race number and instructions will be mailed as your confirmation during the week of May 4, 1992. This is all you need to officially run - no need to stand in line Saturday morning before the race. \$15.00 for entries postmarked April 27 thru May 9 and these late entries must be picked up at the starting line area between 6:30 a.m. and 7:30 a.m. on race day.

No entries accepted if postmarked after May 9 and **NO RACE DAY REGISTRATION.**

Make checks payable to Syttende Mai Run. **No refunds.**

Your entry fee includes a booster button good for entry to most Syttende Mai events Saturday and Sunday. Buttons received at finish area.

AWARDS: T-Shirts to all **FINISHERS.** Results including official times will be published in a souvenir booklet and mailed to pre-registered runners and walkers.

POST RACE REFRESHMENTS: Fresh fruit, soft drinks, etc.

TIMES: Splits read at miles 1, 2, 3, 4, 5, 10, 15 and finish. No times after 12 noon.

AID STATIONS: Water will be provided at miles 3, 5, 8, 10, 12, 15, 17, 18 and finish.

FACILITIES: Showers and dressing room 3 blocks from finish at Stoughton Middle School. Bring your own towel. Sweats, duffel bags, etc., will be transported from the starting area to the finish area.

TRANSPORTATION: Buses will be available for transportation between Stoughton and Madison. Stoughton to Madison starting area departs 6:45 a.m. and Stoughton returning to Madison departures starting at 12:00 p.m. Cost is \$2.00 per person per trip. Pay when boarding the bus.

SPECIAL NOTES: Bring your family and friends and stay for the Syttende Mai weekend in Stoughton. Please obey the police of Madison, Dane County and Stoughton. They are there for your safety and without them there could be no race. No roller skis allowed.

IMPORTANT: If you mailed your entry by April 26th and have not received your number by May 9, call after May 9 only to confirm your registration. If mailed after April 26th **do not call** and you must pick up your number on race day between 6:30 and 7:30 a.m.

Sixth Annual Syttende Mai

FOLKET MARSJ

Saturday, May 16, 1992

In the tradition of Europe's popular Volks Marches - a **non-competitive 17 mile walk through the countryside** - the Syttende Mai Folket Marsj (Fóka Mar'sha) will be held May 16, 1992.

The walk is designed for the serious walker and runner not up to twenty miles. Unique T-shirts will be awarded to all walkers finishing by 1:00 p.m. The shirt will **not** be the same as the run shirts and will **not** be given to **anyone** not completing the course in the prescribed time. There will be **no other performance awards** given nor will official times be given or published. Race walkers should enter the race, not the walk.

PROCEDURE:

1. Fill in entry blank and mail by April 26, 1992 (see below).
2. Arrive no later than 7:15 a.m. at 3 mile mark (aid station) of the run on May 16 **ready** to walk. This is on Rimrock Road near the Dane County Coliseum. Pick up your walk number there. (Parking may be available at the Coliseum. Please check later.)
3. Aid stations are available for you (the same as the run uses).
4. During the walk you are on your own - although intersections will be controlled while runners are on the course. See map on back - all intersections are marked by arrows. **You must not walk more than two abreast. This will be enforced by course marshalls on bikes.**
5. At the finish - Mandt Park, Stoughton - your walk number will earn you a shirt but enter the proper shoot. You must be there by 1:00 p.m. Fruit and refreshments will be available until then also.

START: 7:30 a.m., May 16, 1992 from mile 3 marker of Syttende Mai Run near Dane County Coliseum.

REGISTRATION: Pre-registration only. No exceptions. Mail entries to Syttende Mai Run-Walk, 1770 Burning Tree Circle, Oregon, WI 53575. For information call 608-873-8396 or 873-5355 (days). No calls before 6:30 a.m. or after 9:00 p.m. Entries limited to 750.

ENTRY FEE: \$10.00 for entries postmarked on or before April 26, 1992, \$15.00 April 27 - May 9. No entries accepted postmarked after May 9. No walk day registration. Make checks payable to Syttende Mai Run-Walk. Sorry, no refunds.

AWARDS: Shirts to **FINISHERS ONLY** and booster button to all entrants, good for entry to most Syttende Mai events on Saturday and Sunday. No performance awards.

AID STATIONS: 5, 7, 9, 12, 14, 15, and finish.

TRANSPORTATION: Buses from finish to start will leave at 6:45 a.m. Return buses leave from 12:00 to 1:00 p.m. Cost is \$2.00 per trip. Pay when boarding the bus.

SPECIAL NOTES: Bring your family and friends and stay for the Syttende Mai weekend in Stoughton. Please obey the police. They are there to help all of us.

WALK ENTRY: Mail to Syttende Mai Walk, 1770 Burning Tree Circle, Oregon, WI 53575.

MEDICAL SELF-CARE FOR BEGINNING RUNNERS

Training And Preparation: You should be able to run at least 10 miles at 10-12 minutes per mile pace to finish this race. Try to train 40 miles per week for 4 weeks before this race. If you eat before the race, eat a light breakfast at least 3 hours before the starting time. Drink about 8 oz. of fluid 1 hour before. Start warming up — stretching and jogging — about 30 minutes before the run.

Temperature is a critical factor. Significant heat injury may occur at all temperatures but particularly above 60°F. Above 60°F, wear only light athletic clothing, (shorts, T-shirt, or tank top). As the temperature increases above 60°F, your pace per mile should be reduced. For example, at 80°F beginning runners should run at least 1 minute per mile slower.

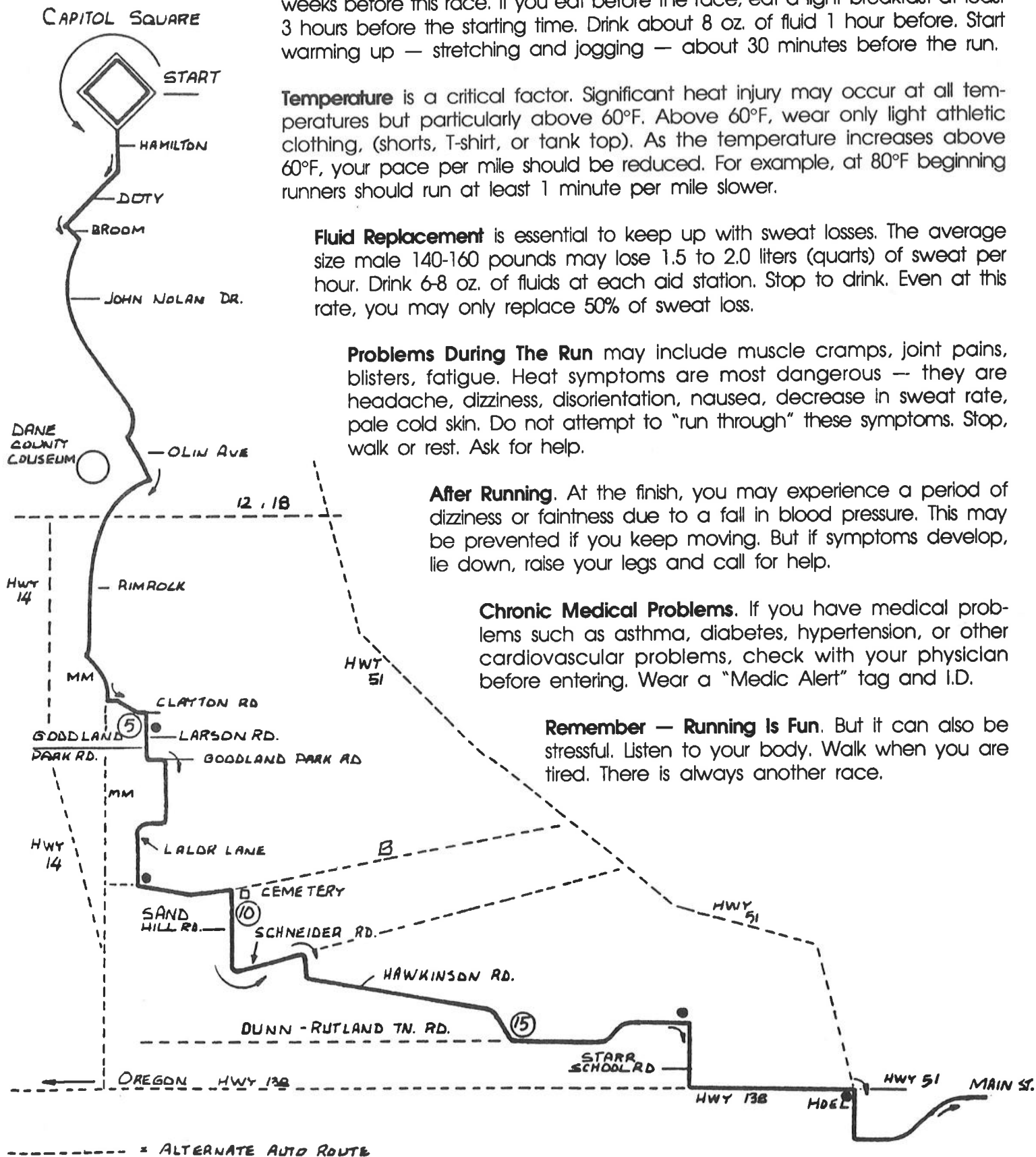
Fluid Replacement is essential to keep up with sweat losses. The average size male 140-160 pounds may lose 1.5 to 2.0 liters (quarts) of sweat per hour. Drink 6-8 oz. of fluids at each aid station. Stop to drink. Even at this rate, you may only replace 50% of sweat loss.

Problems During The Run may include muscle cramps, joint pains, blisters, fatigue. Heat symptoms are most dangerous — they are headache, dizziness, disorientation, nausea, decrease in sweat rate, pale cold skin. Do not attempt to "run through" these symptoms. Stop, walk or rest. Ask for help.

After Running. At the finish, you may experience a period of dizziness or faintness due to a fall in blood pressure. This may be prevented if you keep moving. But if symptoms develop, lie down, raise your legs and call for help.

Chronic Medical Problems. If you have medical problems such as asthma, diabetes, hypertension, or other cardiovascular problems, check with your physician before entering. Wear a "Medic Alert" tag and I.D.

Remember — Running Is Fun. But it can also be stressful. Listen to your body. Walk when you are tired. There is always another race.



The following entry blanks will guarantee you a starting place in the 1992 Race or Walk if mailed by April 26, 1992. Entry fee is \$10.00 if mailed on or before April 26, 1992. If mailed between April 27 and May 9, 1992, entry fee is \$15.00. No entries accepted postmarked after May 9, 1992. Mail entries to Syttende Mai Run, 1770 Burning Tree Circle, Oregon, WI 53575. Make checks payable to Syttende Mai Run. No Refunds.

Be sure to use correct blank!

No race day registration for run or walk.

Run-Race Date: 8:00 a.m., May 16, 1992
from Madison's Capitol Square

PLEASE PRINT CAREFULLY

NAME Last First M.I.
STREET
CITY State Zip

AGE As of Race Day 5/16/92 SEX M F PLEASE CHECK T-SHIRT SIZE: S (32-34) M (36-38) L (42-44) XL (46-48)

For our planning, please indicate if you need bus ride (\$2.00 collected when boarding bus):
 Stoughton to Madison before race 6:45 a.m. Stoughton to Madison after race 12:00 p.m.

RELEASE OF ALL CLAIMS FOR PERSONAL INJURY AS PARTICIPANT IN 1992 SYTTENDE MAI RUN.
 In consideration for my rights to participate in this race event, I hereby release the Stoughton Chamber of Commerce, Greater Madison Running Club, Syttende Mai Committee, all sponsors, and all race officials from any liability of personal injury incurred by me in participating in this race. I further certify that I am in proper condition to participate in this race, and am aware of all inherent risks of said participation.

Signed: _____ Date: _____
 Telephone (____) _____ (Signature of Parent if under 18)

Walk-Folket Marsj Date: 7:30 a.m., May 16, 1992 from Dane County Coliseum (Madison) Mile 3 of run course.

PLEASE PRINT CAREFULLY

NAME Last First M.I.
STREET
CITY State Zip

AGE As of Race Day 5/16/92 SEX M F PLEASE CHECK T-SHIRT SIZE: S (32-34) M (36-38) L (42-44) XL (46-48)

For our planning, please indicate if you need bus ride (\$2.00 collected when boarding bus):
 Stoughton to Madison before race 6:45 a.m. Stoughton to Madison after race 12:00 p.m.

RELEASE OF ALL CLAIMS FOR PERSONAL INJURY AS PARTICIPANT IN 1992 FOLKET MARSJ.
 In consideration for my rights to participate in this race event, I hereby release the Stoughton Chamber of Commerce, Greater Madison Running Club, Syttende Mai Committee, all sponsors, and all race officials from any liability of personal injury incurred by me in participating in this race. I further certify that I am in proper condition to participate in this race, and am aware of all inherent risks of said participation.

Signed: _____ Date: _____
 Telephone (____) _____ (Signature of Parent if under 18)

ELIGIBILITY: Open for both.

QUESTIONS: Call 608-873-8396 evenings and 608-873-5355 (days)
Call between 6:30 a.m. and 9:00 p.m.